# Clinical evidence for high-risk cardiovascular medical devices

A systematic evaluation of the CORE-MD Consortium

**Georgios Siontis, MD, PhD** 

**Department of Cardiology, University Hospital of Bern, Inselspital** 06 November 2023





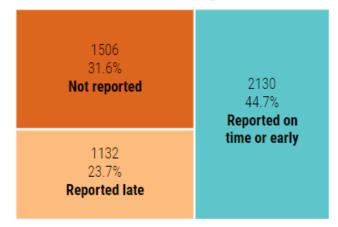
vww.core-md.eu

## FDA and NIH let clinical trial sponsors keep results secret and break the law – Missed Deadlines





### **ClinicalTrials.gov**



Science, 2020

### Is the clinical evidence for medical devices published ? Analyses performed in the USA

- 13,327 trials at <u>ClinicalTrials.gov</u> completed between 2008 and 2012 (79% drugs and 11% devices) → 13% reported summary results at 12 months *Anderson ML et al, NEJM 2015; 372: 1031*
- 49% of studies of 177 new cardiovascular devices had been published up to 7 years after completion

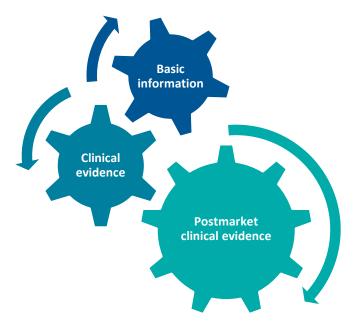
Chang L et al, BMJ 2015; 350: h2613

 92 mandated and completed post-approval studies → No clinical results published for 49%

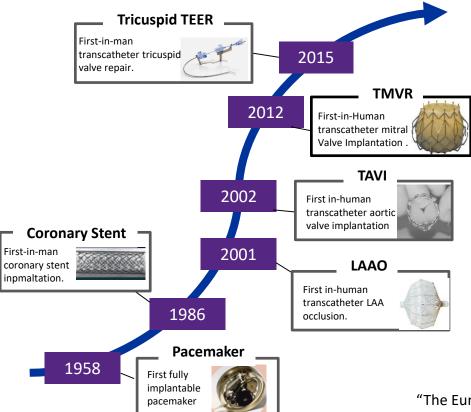
Quesada O et al, JAMA Internal Medicine 2016: 176: 1221

## The need for transparency of clinical evidence for medical devices in Europe

Information that should be in the public domain for any approved high-risk medical device



### **Background: European medical device environment**



- > 500,000 types of medical devices and IVDs on the market
- > 800,000 employees
- 150 billion EUR
- Active role of small and mediumsized enterprises
- Regulatory framework to ensure a high-level of protection of health for patients and users

### **High risk devices**

- The classification of medical devices in use by the EU medical device legislation is a risk-based system taking into account the vulnerability of the human body and the potential risks associated with the devices\*
  - Class I
  - Class IIa
  - Class IIb
  - Class III (heart, central circulatory, central nervous system, total or partial joint replacement, spinal disc replacement, resorbable implants, ...)

\*) Medical Device Coordination Group Document 2021-24

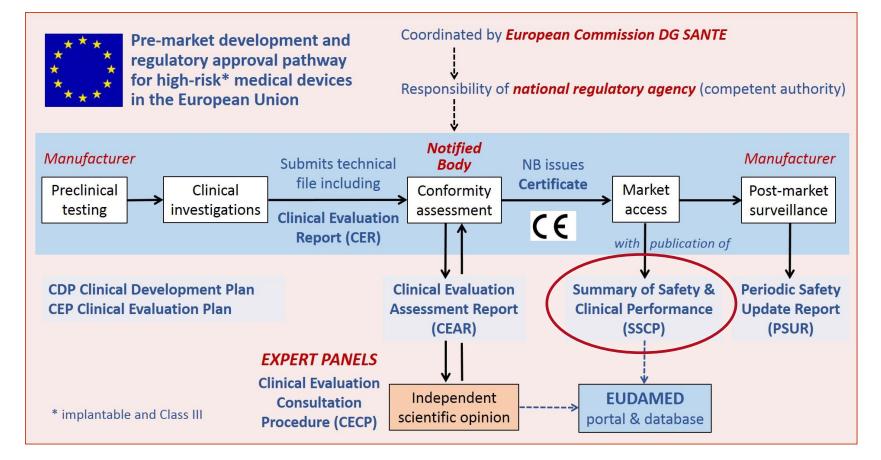
### **Study design recommendations in guidance documents**

- Legally binding for market approval in the EU
- ISO 14155:2020 Clinical investigation of medical devices for human subjects

Pre m	narket	Post market				
First-in human Feasibility clinical investigation	Pivotal clinical investigation	Post-market clinical investigation	Registry			

### • Further guidance documents

- RCT for pivotal clinical investigation for heart valves and resorbable devices (ISO 5840, ISO 17137)
- Multi-centre trials for stents, grafts, patches (ISO 7198, ISO 12417, ISO 25539)



#### Fraser AG et al, Eur Heart J. 2020; 41: 2589–96



A withdrawn cardiovascular device –

The bioresorbable scaffolds !

**Evaluation of coronary stents in Europe** 

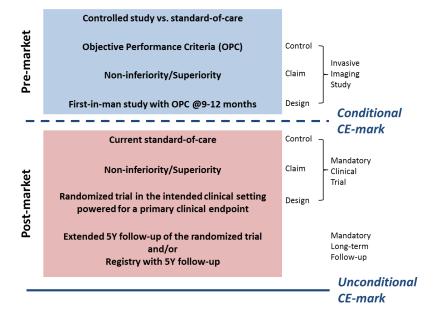
Report of a European Society of Cardiology-European Association of Percutaneous Cardiovascular Interventions task force on the evaluation of coronary stents in Europe: executive summary

Robert A. Byrne<sup>1</sup>, Patrick W. Serruys<sup>2</sup>, Andreas Baumbach<sup>3</sup>, Javier Escaned<sup>4</sup>, Jean Fajadet<sup>5</sup>, Stefan James<sup>6</sup>, Michael Joner<sup>7</sup>, Semih Oktay<sup>8</sup>, Peter Jüni<sup>9</sup>, Adnan Kastrati<sup>1</sup>, George Sianos<sup>10</sup>, Giulio G. Stefanini<sup>11</sup>, William Wijns<sup>12</sup>, and Stephan Windecker<sup>11\*</sup>

### **ESC-EAPCI** Task Force on Coronary Stents

**EVALUATION OF NEW CORONARY DEVICES** 

satisfactory completion of extensive, state-of-the art non-clinical evaluation



#### Systematic review of 158 RCTs

Eur Heart J, 2015

## **ESC-EAPCI** Task Force on the evaluation and use of bioresorbable scaffolds for PCI

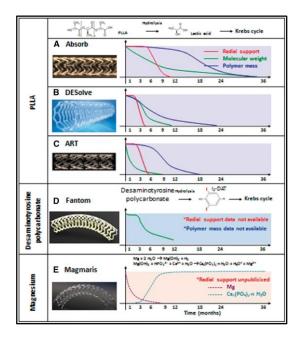
Report of an ESC-EAPCI Task Force on the evaluation and use of bioresorbable scaffolds for percutaneous coronary intervention: executive summary

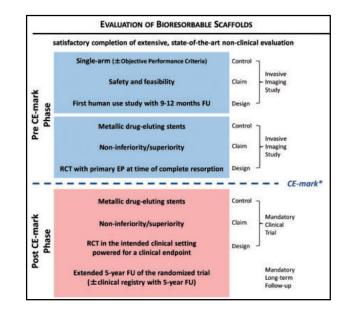
Robert A. Byrne<sup>1,2</sup>, Giulio G. Stefanini<sup>3</sup>, Davide Capodanno<sup>4</sup>, Yoshinobu Onuma<sup>5</sup>, Andreas Baumbach<sup>6</sup>, Javier Escaned<sup>7</sup>, Michael Haude<sup>8</sup>, Stefan James<sup>9</sup>, Michael Joner<sup>1,2</sup>, Peter Jüni<sup>10</sup>, Adnan Kastrati<sup>1,2</sup>, Semih Oktay<sup>11</sup>, William Wijns<sup>12,13</sup>, Patrick W. Serruys<sup>14,15</sup>, and Stephan Windecker<sup>16</sup>\*

## **Bioresorbable scaffolds for PCI – Potential advantages?**

- $\rightarrow$  Address late stent failure
- ightarrow Potentially eliminate the risk of late adverse stent-related events
- ightarrow Restoration of physiological vasomotion

## **ESC-EAPCI** Task Force on the evaluation and use of bioresorbable scaffolds for PCI



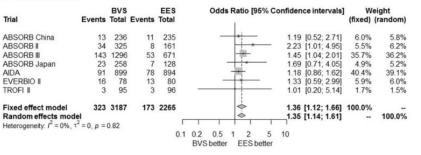


Eur Heart J, 2018

### ESC-EAPCI Task Force on the evaluation and use of bioresorbable scaffolds for PCI

#### A Target lesion failure

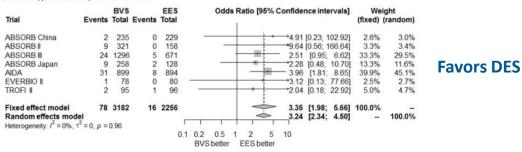
#### **Target lesion failure**



#### **Favors DES**

#### B Definite/probable stent/scaffold thrombosis

**Scaffold thrombosis** 

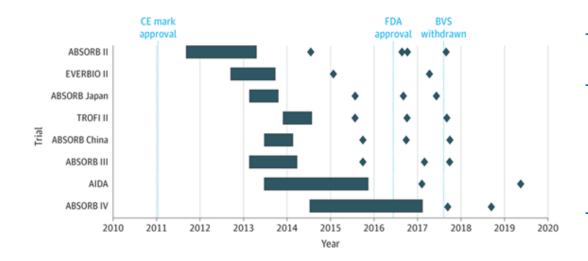


Eur Heart J, 2018



### Research Letter | Statistics and Research Methods Evaluation of Cumulative Meta-analysis of Rare Events as a Tool for Clinical Trials Safety Monitoring

George C. M. Siontis, MD, PhD; Adriani Nikolakopoulou, PhD; Orestis Efthimiou, PhD; Lorenz Räber, MD, PhD; Stephan Windecker, MD; Peter Jüni, MD



- 22 reports describing 8 RCTs
- 8180 patients randomized to
   BVS (4553 patients) or
   everolimus-eluting stents (3627 patients)
- Patient recruitment took place over 6 years, with considerable overlap of recruitment periods

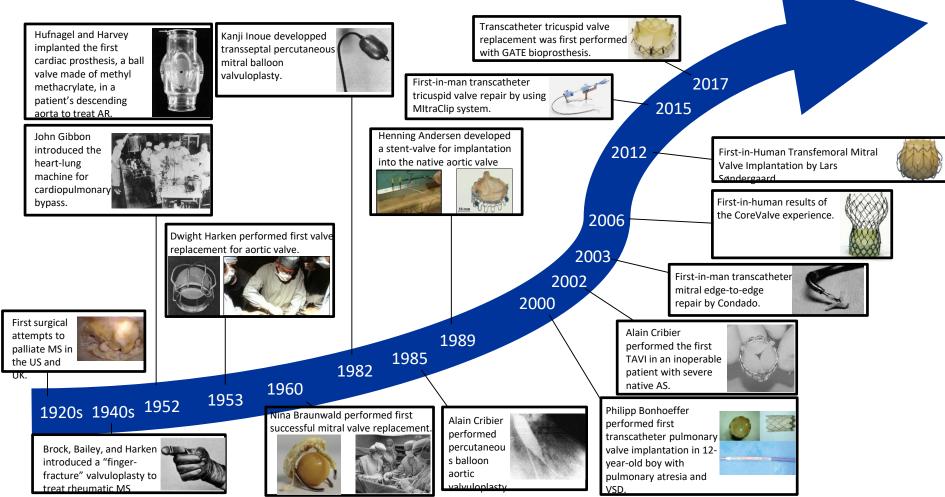
### **Cumulative Evidence & Clinical Trials Safety Monitoring**

	Trial	Length of follow-up	Publicly available	Patients, No.	Events, No.	OR (95% CI)	Decreased risk of BVS-related thrombosis	Increased risk of BVS-related thrombosis	P value	
CE-mark approval →	CE mark approval (Janua	ary 2011)							_	
	ABSORB II	1 y	September 14, 2014	501	3	3.51 (0.18-68.30)		<b>•</b>	.41	1
	EVERBIO II	1 y	March 3, 2015 659 3 3.51 (0.18-68.30)		<b>→</b>	.41				
	ABSORB Japan	1 y	September 1, 2015	1057	9	1.76 (0.36-8.56)			.48	
	TROFI II	1 y	September 24, 2015	October 12, 2015 1723 11 2.53 (0.56-11.50)	2.14 (0.46-10.00)	.33		.33		
	ABSORB China	1 y	October 12, 2015		11	2.53 (0.56-11.50)		• • •	.23	
	ABSORB III	1 y	October 12, 2015		.06					
FDA approval →	FDA approval (July 2016	5)								
	ABSORB Japan	2 у	September 18, 2016	3731	40	2.52 (1.12-5.71)			.03	
	ABSORB II	2 у	October 20, 2016	3731	42	2.67 (1.19-6.02)			.02	
	ABSORB II	3 у	October 30, 2016	3731	46	2.96 (1.32-6.63)			.008	
	ABSORB China	2 у	October 31, 2016	3731	47	3.07 (1.38-6.85)		<b>_</b>	.006	Increasing
	TROFI II	2 у	October 31, 2016	3731	49	2.87 (1.34-6.16)			.007	J J
	ABSORB III	2 у	March 18, 2017	3731	53	3.15 (1.48-6.72)			.003	
	AIDA	2 у	March 29, 2017	5576	92	3.50 (2.03-6.05)			<.001	
	EVERBIO II	2 y	May 12, 2017	5576	93	3.56 (2.06-6.14)		<b>_</b>	<.001	over time
	ABSORB Japan	3 у	May 16, 2017	5576	94	3.60 (2.09-6.20)		<b>_</b>	<.001	
BVS withdrawn →	BVS withdrawn (September 2017)									
	ABSORB III	3 у	October 20, 2017	5576	100	3.82 (2.22-6.58)			<.001	
	ABSORB China	3 у	October 22, 2017	5576	100	3.82 (2.22-6.58)		<b>_</b>	<.001	
	ABSORB II	4 y	October 31, 2017	5576	100	3.82 (2.22-6.56)			<.001	
	TROFI II	3 у	October 31, 2017	5576	100	3.81 (2.22-6.56)			<.001	
	ABSORB IV	30 d	October 31, 2017	8180	110	3.84 (2.30-6.41)		<b>_</b>	<.001	
	ABSORB IV	1 y	September 25, 2018	8180	113	3.53 (2.16-5.78)		<b>_</b>	<.001	
	AIDA	3 у	May 23, 2019	8180	116	3.68 (2.25-6.00)			<.001	
						0.	1	1 10	. –	
						0.		5% CI)	-	

Siontis GC., et al. JAMA Netw Open, 2020

### A "successful" cardiovascular device – TAVI !

### **Historical Background - VHD interventions**

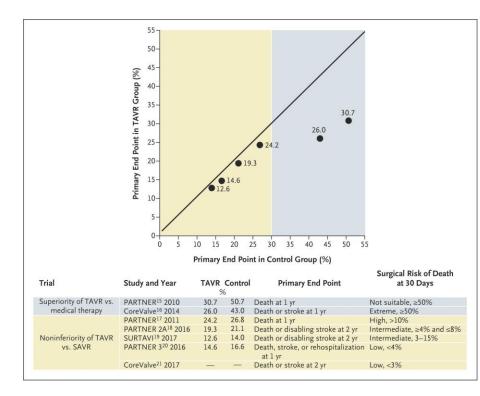


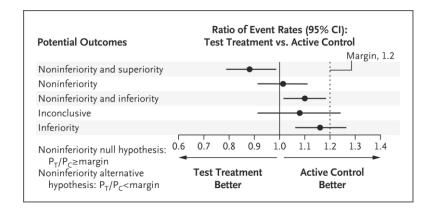
### Transcatheter aortic valve implantation systems

#### **Devices and respective CE-mark date**



### **TAVI: From superiority to non-inferiority trials**

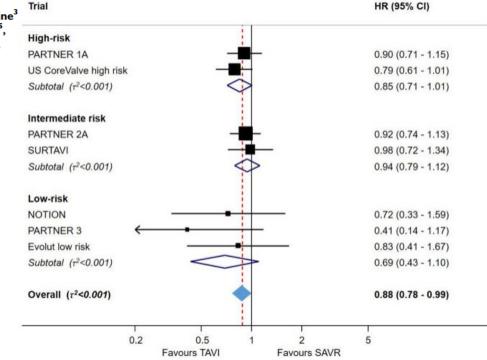




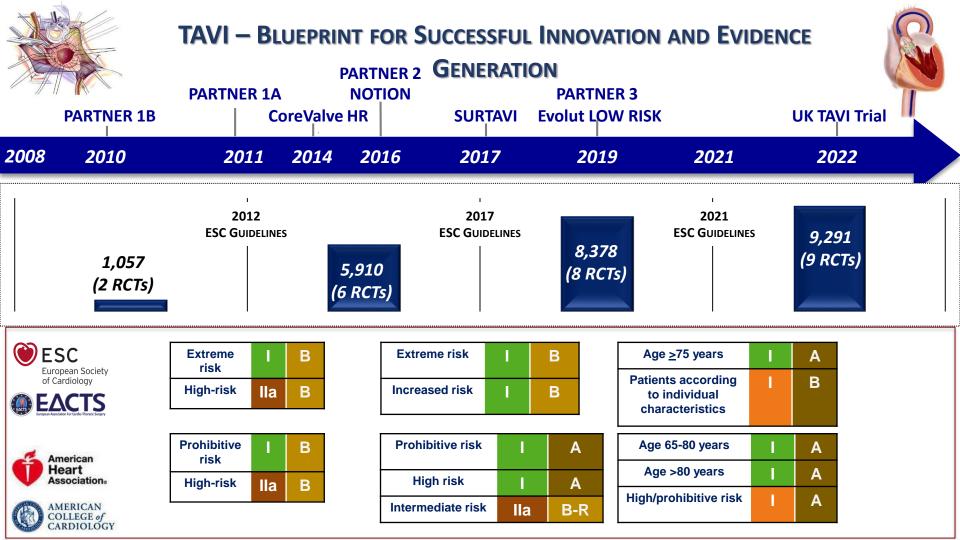
#### FASTTRACK CLINICAL RESEARCH

#### Transcatheter aortic valve implantation vs. surgical aortic valve replacement for treatment of symptomatic severe aortic stenosis: an updated meta-analysis

George C.M. Siontis<sup>1†</sup>, Pavel Overtchouk (1)<sup>1†</sup>, Thomas J. Cahill<sup>2†</sup>, Thomas Modine<sup>3</sup> Bernard Prendergast (1)<sup>4</sup>, Fabien Praz (1)<sup>1</sup>, Thomas Pilgrim (1)<sup>1</sup>, Tatjana Petrinic<sup>5</sup>, Adriani Nikolakopoulou<sup>6</sup>, Georgia Salanti<sup>6</sup>, Lars Søndergaard<sup>7</sup>, Subodh Verma<sup>8</sup>, Peter Jüni<sup>9</sup>, and Stephan Windecker (1)<sup>1</sup>\*



Luropean Heart Journal (2019) 40, 3143–3153 European Society of Cardiology



### **Standardizing clinical research**

 VARC initiative: selecting appropriate clinical endpoints and standardizing endpoint definitions to optimally conduct clinical research in the field of aortic valve disease.

#### VARC

Standardized endpoint definitions for transcatheter aortic valve implantation clinical trials: a consensus report from the Valve Academic Research Consortium<sup>†</sup>

Martin B. Leon<sup>\*</sup>, Nicolo Piazza, Eugenia Nikolsky, Eugene H. Blackstone, Donald E. Cutlip, Arie Pieter Kappetein, Mitchell W. Krucoff, Michael Mack, Roxana Mehran, Craig Miller, Marie-angèle Morel, John Petersen, Jeffrey J. Popma, Johanna J.M. Takkenberg, Alec Vahanian, Gerrit-Anne van Es, Pascal Vranckx, John G. Webb, Stephan Windecker, and Patrick W. Serruys

Columbia University Medical Center, Center for Interventional Vascular Therapy, 173 Fort Washington Avenue, Heart Center, 2nd floor, New York, NY 10032, USA Received 8 July 2010; revised 30 September 2010; occepted 4 October 2010

> **Published:** 06 October 2010

#### VARC-2

Updated standardized endpoint definitions for transcatheter aortic valve implantation: the Valve Academic Research Consortium-2 consensus document<sup>†</sup>

A. Pieter Kappetein<sup>\*</sup>, Stuart J. Head, Philippe Généreux, Nicolo Piazza, Nicolas M. van Mieghem, Eugene H. Blackstone, Thomas G. Brott, David J. Cohen, Donald E. Cutlip, Gerrit-Anne van Es, Rebecca T. Hahn, Ajay J. Kirtane, Mitchell W. Krucoff, Susheel Kodali, Michael J. Mack, Roxana Mehran, Josep Rodés-Cabau, Pascal Vranckx, John G. Webb, Stephan Windecker, Patrick W. Serruys, and Martin B. Leon

Erzemus University Medical Center, PO Box 2040, 3000 CA Rotterdam, The Netherland Received 28 June 2012: revised 24 July 2012; occented 26 July 2012

> **Published:** 01 October 2012

#### VARC-3

#### Valve Academic Research Consortium 3: updated endpoint definitions for aortic valve clinical research

VARC-3 WRITING COMMITTEE: Philippe Généreux<sup>1</sup>, Nicolo Piazza <sup>9</sup>, Maria C. Alu <sup>9</sup>, Tamim Nazif <sup>9</sup>, Rebecca T. Hahn <sup>9</sup>, Philippe Pibarot <sup>9</sup>, Jercen J. Bax<sup>1</sup>, Jonathon A. Leipsic<sup>4</sup>, Philippe Blanke<sup>4</sup>, Eugene H. Blackstone <sup>9</sup>, Matthew T. Finn <sup>9</sup>, Samir Kapadia<sup>4</sup>, Axel Linke<sup>1</sup>, Michael J. Mack<sup>10</sup>, Raj Makkar <sup>9</sup>, Roxana Mehran<sup>13</sup>, Jeffrey J. Popma<sup>13</sup>, Michael Reardon<sup>14</sup>, Josep Rodes-Cabau<sup>4</sup>, Nicolas M. Van Mieghem<sup>15</sup>, John G. Webb<sup>16</sup>, David J. Cohen <sup>9</sup>, <sup>17</sup> and Martin B. Leon<sup>3</sup>e

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Received 12 April 2020; revised 22 june 2020; editorial decision 11 September 2020; accepted 24 September 2020

**Published:** 19 April 2021

Leon et al. Eur Heart J 2011;32(2):205-17; Kappetein et al. Eur Heart J 2012;33(19):2403-18; VARC-3: Généreux P et al. Eur Heart J 2021;42(19):1825-1857.

**EDITORIAL** 

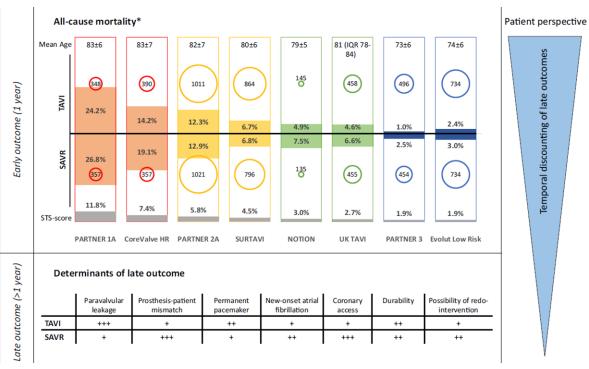


#### **Transcatheter aortic valve implantation:** a blueprint for evidence-based evaluation of technological innovation

#### Thomas Pilgrim ()\*, George C. M. Siontis, and Stephan Windecker

Department of Cardiology, Inselspital, University of Bern, Freiburgstrasse 18, CH-3010, Bern, Switzerland

Online publish-ahead-of-print 20 January 2023



Temporal discounting of late outcomes



 European Heart Journal - Quality of Care and Clinical Outcomes (2021)
 8, 249–

 https://doi.org/10.1093/ehjqcco/qcab059
 258

Improved clinical investigation and evaluation of high-risk medical devices: the rationale and objectives of CORE-MD (Coordinating Research and Evidence for Medical Devices)

### A.G. Fraser (1,\*, R.G.H.H. Nelissen<sup>2</sup>, P. Kjærsgaard-Andersen<sup>3</sup>, P. Szymański<sup>4</sup>, T. Melvin<sup>5</sup> and P. Piscoi<sup>6,†</sup>, on behalf of the CORE-MD Investigators (see appendix)

<sup>1</sup>School of Medicine, Cardiff University, University, Hospital of Wales, Heath Park, Cardiff CF14 4XN, UK; <sup>2</sup>Department of Orthopaedics, Leiden University, Medical Center, Albinusdreef 2, 2333 ZA Leiden, The Netherlands; <sup>3</sup>Department of Orthopaedics, Vejle Hospital, South Danish University, DK-7100 Vejle, Denmark; <sup>4</sup>Centre of Postgraduate Medical Education, MSWiA Central Clinical Hospital, ul. Woloska 137, 02-507 Warsaw, Poland; <sup>5</sup>Healthcare Products Regulatory Authority, Earlsfort Terrace, Dublin 2, D02 XP77, Ireland; and <sup>6</sup>Health Technology Unit B6, Directorate General for Health (DG SANTE), European Commission, Rue Breydel 2-10, B-1040, Brussels, Belgium





### **The CORE-MD Consortium**

#### Physicians and healthcare professionals

- 4 European medical associations
- Biomedical Alliance 36 members
  - 9 academic institutions

#### **Medical device regulators**

- 3 EU National regulatory agencies
- Competent Authorities for Medical Devices

#### **European Patients Forum**

• 75 patients' organisations

#### **Public health authorities**

• 2 National Public Health Institutes

• 2 Health technology assessment bodies

#### UGOT UCR Leiden University DKMA RIVM URPL Oxford University AIHTA RCSI UMIT HPRA EFORT EAP BUH **Biomed Alliance** POLIMI EPF ISS Team NB European professional association KU Leuven ESC AETSA Public health institutes Notified Bodies Trade Association

#### **Notified Bodies**

• TEAM-NB has 27 members

#### European Commission DG SANTE

- Unit B6 / D3 Medical devices, Health Technology Assessment
  - Clinical Investigation and Evaluation Working Group
    - New & Emerging Technologies Working Group
      - European Medicines Agency
- Academic collaborators and volunteers
- Advisory Board
- Industry trade associations

### **The CORE-MD Consortium**

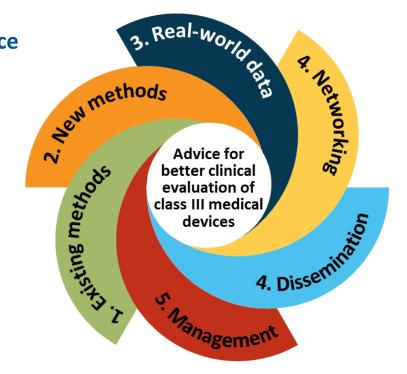
#### 1. Trial designs, evidence, & regulatory guidance

- cardiovascular, orthopaedic, diabetic
- statistical methods
- patient-reported outcomes

### 2. Developing methods for evaluation

- early phase studies
- registry-based RCTs
- artificial intelligence
- devices in children

### 3. Real-world evidence



www.core-md.eu

## Quality and transparency of clinical evidence for high-risk cardiovascular medical devices

### $\rightarrow$ <u>We aimed to:</u>

a) systematically review publicly available clinical investigations used in the evaluation of high-risk (Class III) cardiovascular medical devices mostly under the previous EU Medical Device Directive 93/42/EEC

b) identify differences in study designs before and after CE-mark approval during the period 2000-2021.

### **Study protocol pre-registration**

#### **NIHR** National Institute for Health Research

#### PROSPERO International prospective register of systematic reviews

George Siontis, André Frenk, Bernadette Coles, Joanna Bartkowiak, Laurna McGovern, Jonas Häner, Daijiro Tomii, Roberto Galea, Andreas Häberlin, Fabien Praz, Stephan Windecker. Clinical evidence for high-risk medical devices in cardiology: a protocol for a systematic review and meta-epidemiological investigation. PROSPERO 2022 CRD42022308593 Available from: https://www.crd.york.ac.uk/prospero/display\_record.php? ID=CRD42022308593



www.core-md.eu



### CORE-MD protocol for a systematic review of methodologies

Under the leadership of the Department of Cardiology, Bern University Hospital, CORE-MD partners work on...

## Information sources, search strategies, study eligibility criteria & data abstraction

→ MEDLINE, EMBASE and the CENTRAL with device-specific search algorithms



→ Peer-reviewed reports of trials of <u>any prospective design</u> (non-randomized or randomized clinical trials) for 1 of the devices of interest.

→ Information relating to study design, study population, intervention(s), comparators, and the evaluated outcomes.

### Data analysis

→ Key dates in our analysis: date of publicly available report & CE-mark date

→ Multiple reports of the same study were jointly considered

→ Data-driven approaches to evaluate the distribution of study characteristics before and after CE-mark.

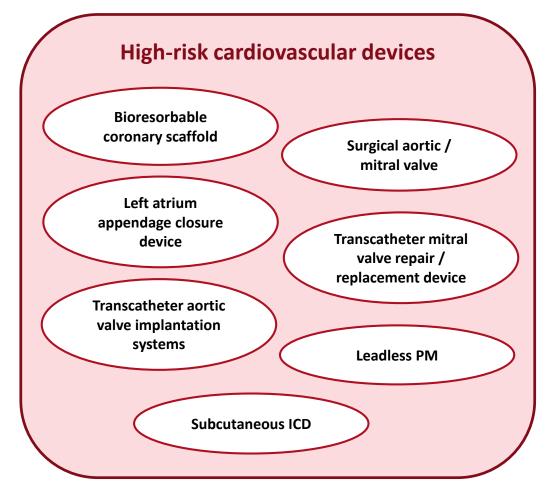
→ We did not aim to provide any comparative effectiveness analysis of the selected devices within a class!

### **Methods**

We predefined 7 groups of Class III cardiovascular devices, encompassing 71 long-term implantable devices put on the EU market since the year 2000

Drug-eluting coronary artery stents were excluded:

- Well established
- Clinical evidence already reviewed with recommendations for study design leading to regulatory approval\*
- \*) Byrne R et al. Eur Heart J 2015



### **Methods**

- 71 high risk cardiovascular devices grouped in 7 classes
- Search period 2000-2021
- Device-sensitive search algorithms
- Study protocol pre-registration
- Databases

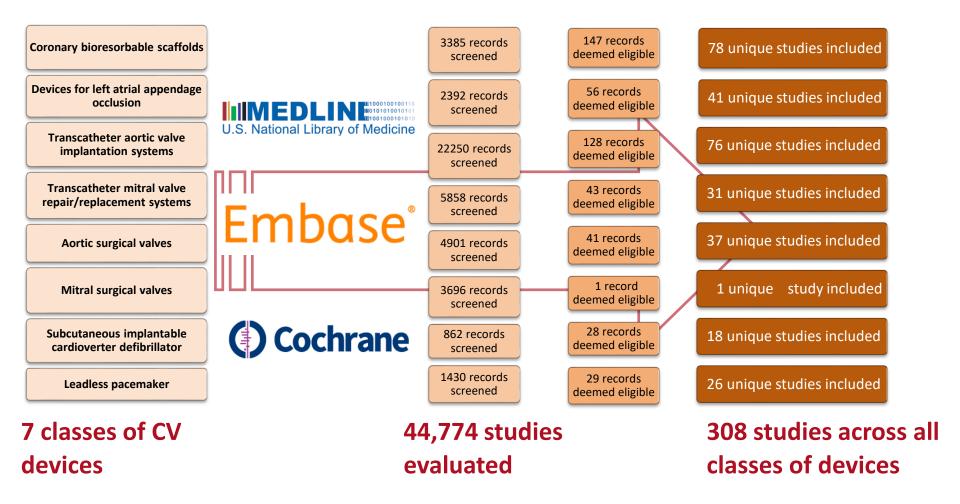


### Embase



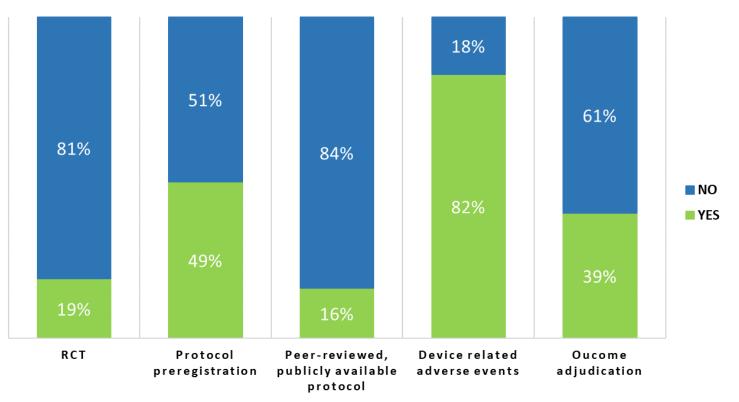
### Main Inclusion / Exclusion criteria

- + Trials that defined a prospective design (RCT and non-RCT)
- + Evaluated at least one of the devices of interest
- RCTs aimed to investigate other medical interventions
- Studies of non-prospective design

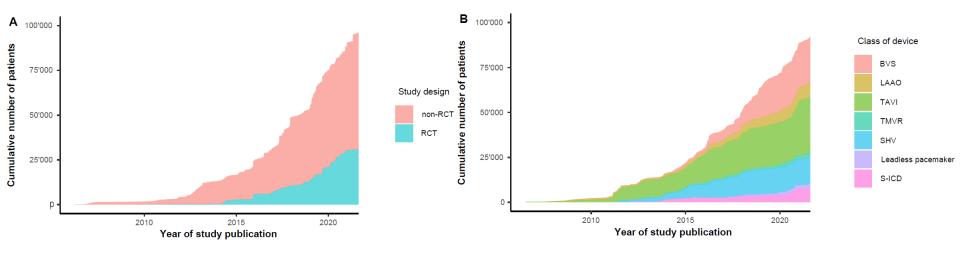


#### **Results - Clinical trial characteristics**

#### TOTAL 308 PROSPECTIVE DESIGN STUDIES (97,886 INDIVIDUALS ENROLLED)

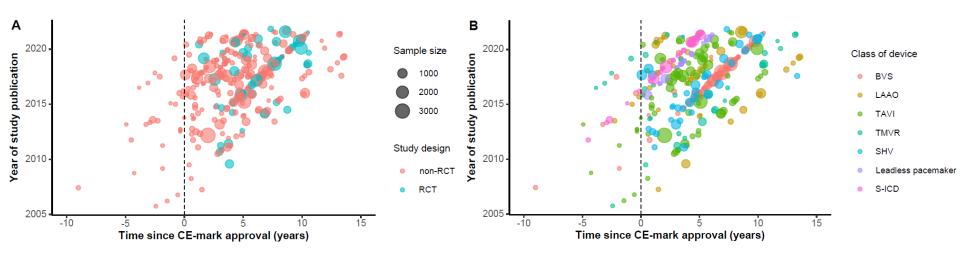


# Cumulative number of patients recruited in prospective clinical trials evaluating high-risk cardiovascular devices between 2000-2021



Accumulated sample of 97'886 individuals Mean sample size 120

## Time lag between study publication and CE-mark



No RCT published before CE-mark approval for any of the 71 CV devices

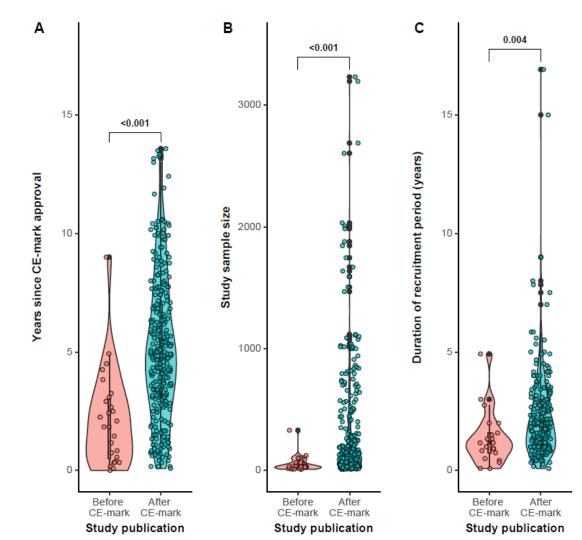
Non-randomized trials were predominantly published after CE-mark approval (89%, 224/251)

Clinical trials with larger sample sizes (>50 individuals) and longer recruitment periods

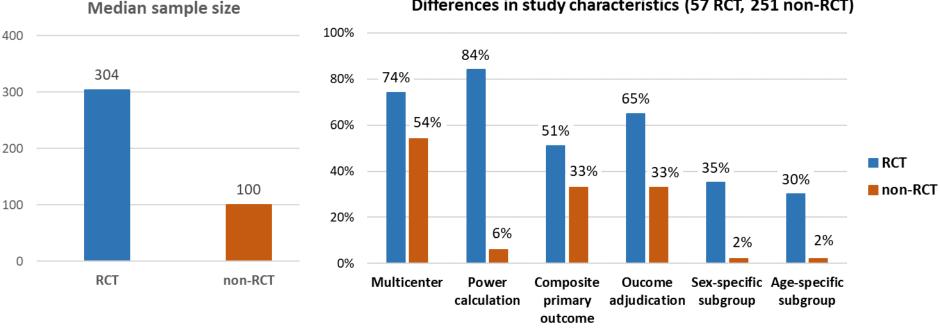
-likely to be published after CE-mark approval

-more frequent during the period 2016-2021

#### Characteristics of trials performed before and after CEmark



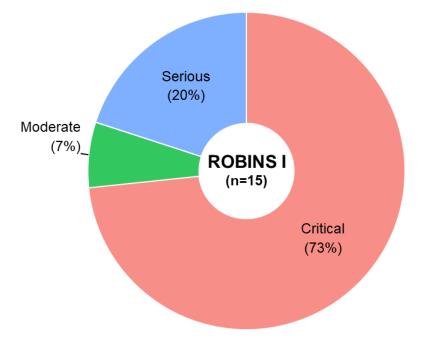
## **Differences between RCT and non-RCT**



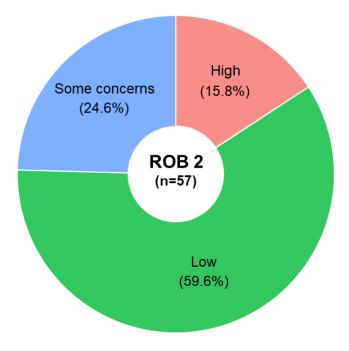
#### Differences in study characteristics (57 RCT, 251 non-RCT)

#### **Risk-of-bias assessment**

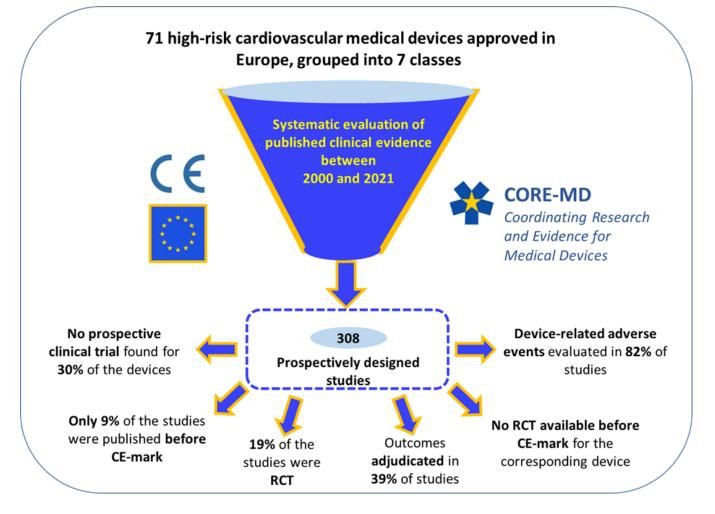
Non-randomized trials comparing health effects of two or more interventions (n=15)



Randomized Clinical Trials (n= 57)



## Summary



#### Conclusions

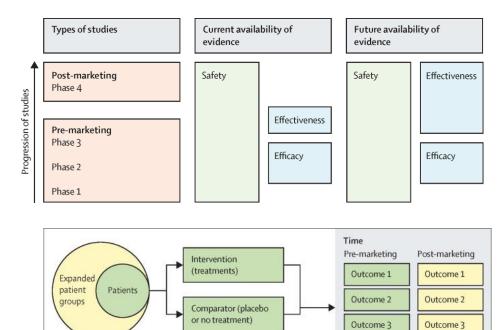
- The quantity and quality of publicly available data from prospective clinical investigations, before and after CE approval during the period 2000-2021, was deemed insufficient.
- The majority of studies were non-randomized, with increased risk of bias, and performed in small populations with limitations in reporting.
- None of the reviewed devices had randomized trial results published prior to CE mark certification.

#### What is next?

→ New devices should undergo systematic non-clinical testing prior to evaluation in clinical studies.

→ Post-marketing studies should be designed hierarchically → priority at product's <u>net</u> <u>clinical benefit</u> in RCTs compared with current known effective therapy

→ Post-marketing studies should incorporate active comparators and long-term follow-up as appropriate



Active comparator 1

Cipriani A., et al. Lancet, 2020

Active comparator 2

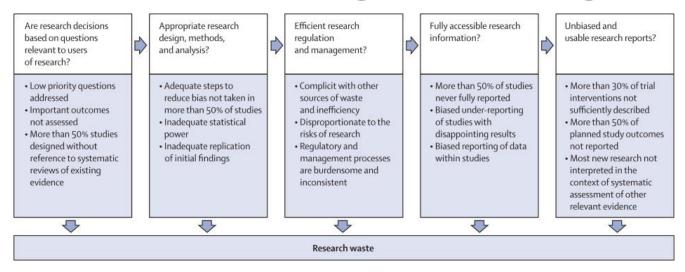
New outcome

New outcome

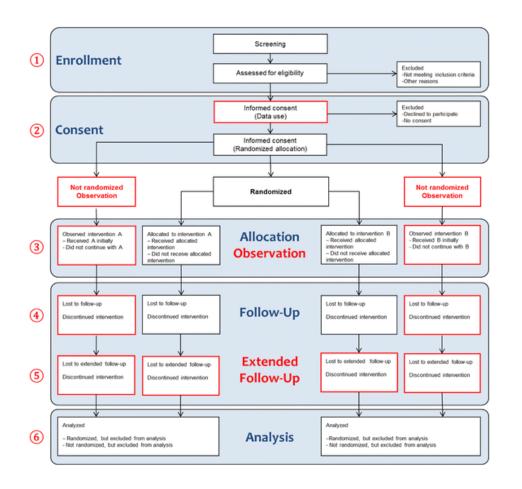
New outcome

New outcome

## Biomedical research: increasing value, reducing waste



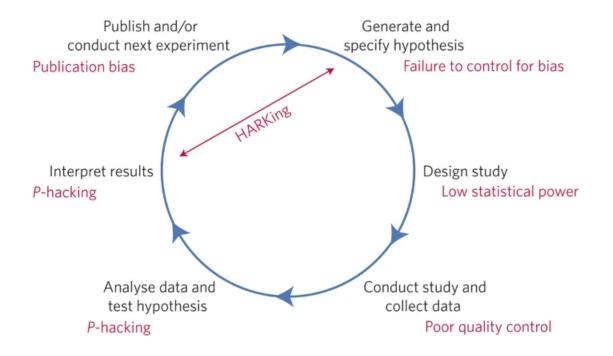
Continuously updated quantitative evidence synthesis is important for rare adverse events and novel devices. Knowledge gained over the last decade should be considered in the future evaluation of devices. Historical data to design future trials and avoid unnecessary exposure of patients to risks.



# Routinely collected health data in RCTs !

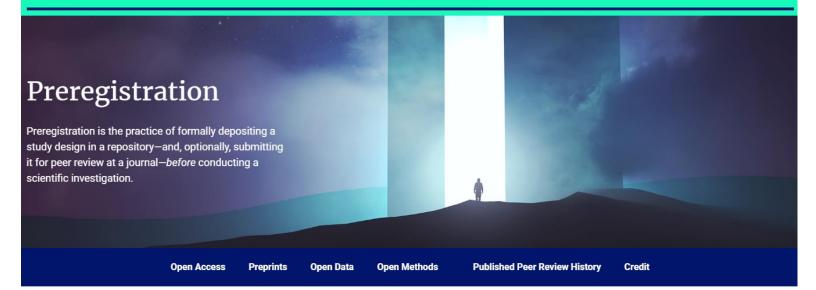
McCord KA., et al. Trials, 2018

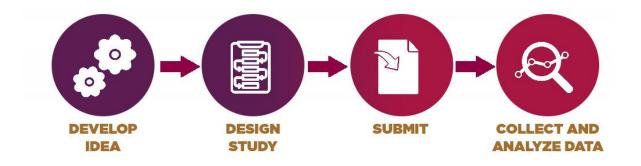
#### **Quality <-> Transparency <-> Reproducibility**



Munafo MR., et al. Nature Hum Behav, 2017

PLOS







FASTTRACK CLINICAL RESEARCH

#### Quality and transparency of evidence for implantable cardiovascular medical devices assessed by the CORE-MD consortium

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